Empowered Women Empower Women
Suggested Readings

From Lori Nishiura Mackenzie

Articles
— [https://hbr.org/2016/04/research-vague-feedback-is-holding-women-back](https://hbr.org/2016/04/research-vague-feedback-is-holding-women-back)
  Written by my colleagues, Professor Shelley Correll and Caroline Simard, PhD, this article looks at some of the ways bias plays out in how we offer feedback—often disadvantaging women.
  This piece looks at the way gendered workplaces ask women to moderate between likability and competence and how women leaders can move beyond it using body language—based on research by Deborah Gruenfeld, GSB.
  An article on Kimberlé Crenshaw’s work on intersectionality. Here is our article:

Books
— [Finding Feminism](#): An amazing study of the women’s movement, young feminists, and how social media is shaping tactics for change, written by my colleague Alison Crossley.
— [Act Like a Leader, Think like a Leader](#): While not on women’s leadership per se, the author Herminia Ibarra is a gender scholar. I suggest this book to any young woman to help her think about career transitions.
— [Second Shift](#) by Arlie Hochschild (oldie but goodie).

From Emma Mayerson

Articles
— NPR All Things Considered:

A Few Inspiring Blog Entries from Young Women
— [http://www.alliance4girls.org/index.php?option=com_lyftenbloggie&view=entry&year=2017&month=08&day=08&id=83%3A-if-you-can-see-it-you-can-be-it&Itemid=179](http://www.alliance4girls.org/index.php?option=com_lyftenbloggie&view=entry&year=2017&month=08&day=08&id=83%3A-if-you-can-see-it-you-can-be-it&Itemid=179)
Books

— **Gutsy Girl**
— **Unlocking Opportunity for African American Girls**

**From Katie Albright**

Articles & Research

— **The Economics of Child Abuse: A Study of San Francisco**, Safe & Sound
— **The Poverty Clinic**, Paul Tough, The New Yorker
— **Two Generation Anthology, The Case for Prevention**, (Pages 80-91) Aspen Institute/Ascend
— **How Community Networks Stem Childhood Traumas**, David Bornstein, The New York Times

Books

— **Hillbilly Elegy**, J. D. Vance
— **The Body Keeps the Score**, Bessel van der Kolk M.D.
— **From Neurons to Neighborhoods: The Science of Early Childhood Development**, Committee on Integrating the Science of Early Childhood Development

Website

— **Center for Youth Wellness** (information on ACEs)
— **Children Now** (information on trauma)
— **Harvard's Center for the Developing Child** (information on toxic stress)
— **Safe & Sound** (information on impact of child abuse)